



Remembering New Horizons Founder, James Uphoff

James Uphoff, one of the original founders of New Horizons, recently passed away. He was 98. He was married to the late Esther Uphoff, who was also instrumental in the early days of New Horizons. Together with other volunteers, they created an organization to support their children who had disabilities. This laid the foundation for the incredible organization that we have today.

We had the opportunity to catch up with his eldest child, Linda, who shared some of the details of her father's life. (His youngest child, Charlene, was one of the original individuals supported by New Horizons.)

"Family was always first with my dad," said Linda in a brief telephone interview. "We always went camping" and did a lot of hiking. His favorite hobby was fishing and he loved boating.

Born in St. Paul, Nebraska, Mr. Uphoff led a rich and vibrant life. He was a member of the United States Army and the United States Army Air Force. He was a First Lieutenant and pilot during World War II. As a pilot he honed his photography skills, taking numerous aerial photographs both during and after the war.

Photography was just one of his many passions. He was also an excellent wood carver. During the war he carved jewelry and buttons for his wife. He continued his craft after the war. "His last series was of cookies," remarked Linda. He traveled around the country with his wife and took rubbings of different hard cookies. He then took the rubbings and recreated the cookies in wood. "He carved some exquisite pieces."

He was a lightweight boxing champion and a recipient of the golden glove. He was also an excellent swimmer and a lover of nature. He once nursed two baby squirrels who had lost their mother. He fed them with doll bottles and a formula that he made. One of them grew to adulthood, even visiting regularly for the first year.

We are grateful to Mr. Uphoff, his wife, and that original group of volunteers who created New Horizons. Thank you!

Autism Awareness Month - Spotlight on an Individual

Kim Turner, Deputy Director



April is National Autism Awareness Month and this year we are using this opportunity to promote acceptance and inclusion for all with Autism Spectrum Disorder (ASD) by highlighting the successes of some of the individuals at New Horizons with ASD.

Meet Tyler! Tyler joined New Horizons in July 2014. His disability is Autism but he is very independent. He reads and writes very well and can tell time. He is also proficient in speaking and writing Spanish, on an intermediate level. He is

working on his AA degree (Digital Media) at the College of Southern Maryland but is not currently enrolled. He has worked with Panera Bread and has been working at Safeway for the past four years. He is a model employee who has maintained a satisfactory evaluation each year. Tyler has been recognized for his customer service, flexibility, maturity and friendly attitude.

Working Together to Create Meaningful Days

At New Horizons we plan meaningful days for the individuals in our programs. To help make sure that all individuals can participate in an activity, one group has started making and selling bracelets. The individuals go to



the store as a group and pick out the beads and purchase the other supplies that they need. They then work together to create the bracelets, which they are selling for \$2 each. Proceeds from the sales allow the individuals to participate in other activities in the community that have a cost. This ensures that everyone can be involved regardless of financial status.

Bracelets are available for purchase. If you are interested, please stop by the New Horizons office at 16000 Trade Zone Ave., Upper Marlboro, to pick out and pay for your bracelet. You may also call us at 301.249.0206 and ask for Danielle.

Donate Your Old Vehicle to Benefit New Horizons!



It's car buying season! This year, instead of trading in your vehicle, consider donating it to New Horizons. We offer fast and free pickup and we accept **all** vehicles in **any** condition. Simply call 855-301-GIVE to schedule your free pickup. Best of all, you will be helping to provide individuals with intellectual and developmental disabilities with meaningful activities within the community.

Shop for a Cause



Do you use Amazon for online shopping? If so, you can now use AmazonSmile and a portion of your sale will be donated to New Horizons, at no charge to you. Simply click on the [link](#) to select New Horizons as your AmazonSmile charity and start shopping.

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